

Broughton Park FC (Rugby Union)

Minis & Juniors

COVID-19 Pitch side First Aid update

Broughton Park is following England Rugby's Guidance on First Aid to reduce risk as far as reasonably possible to ensure the health and wellbeing of our members, players, parents/supporters, volunteers.

Please see the PDF link below for full details

<https://www.englandrugby.com/dxdam/c1/c13aff15-cae9-4966-b4c7-631460d1656e/RTR%20FIRST%20AID%20DOCUMENT.pdf>

Paediatric advice from the Resuscitation Council

We are aware that paediatric cardiac arrest is unlikely to be caused by a cardiac problem and is more likely to be a respiratory one, making ventilations crucial to the child's chances of survival. However, for those not trained in paediatric resuscitation, the most important thing is to act quickly to ensure the child gets the treatment they need in the critical situation.

For out-of-hospital cardiac arrest, the importance of calling an ambulance and taking immediate action cannot be stressed highly enough. If a child is not breathing normally and no actions are taken, their heart will stop and full cardiac arrest will occur.

Therefore, if there is any doubt about what to do, this statement should be used. It is likely that the child/infant having an out-of-hospital cardiac arrest will be known to you. We accept that doing rescue breaths will increase the risk of transmitting the COVID-19 virus, either to the rescuer or the child/infant. However, this risk is small compared to the risk of taking no action as this will result in certain cardiac arrest and the death of the child.

Resuscitation Council UK Statement on COVID-19 in relation to CPR and resuscitation in first aid and community settings – Updated May 2020

In line with the above statement we are applying the following principles for a resuscitation situation for our volunteer first aiders: -

- Always assess your safety first and call for help
- Call 999 and do nothing further and await ambulance support
- Call 999 cover face with clothing and start chest compression only
- Call 999 and get a family member to be talked through resuscitation by the operator, as they will have the same viral load

Action points

The club have added, masks, visors and gloves to add a pack to the existing first aid kits and logbook for each of our M&J Teams. An additional sign in book has also again been added to aid track and trace, as well as attendance for safeguarding.

Resources

<https://www.resus.org.uk/covid-19-resources/covid-19-resources-general-public/resuscitation-council-uk-statement-covid-19>

<https://www.hse.gov.uk/coronavirus/first-aid-and-medicals/first-aid-certificate-coronavirus.htm>

<https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/>

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